

Seven Steps to Start

DexCom™ SEVEN® PLUS Training Checklist



Important:

Please return a completed copy of this form to DexCom (see instructions on back).

Use this checklist along with your SEVEN PLUS Quick Start Guide to get started with using your SEVEN PLUS.

WARNING

Review all Contraindications, Warnings, Precautions, and detailed procedures in the User's Guide before using the SEVEN PLUS Continuous Glucose Monitoring System. Treatment decisions should not be based solely on results from the SEVEN PLUS. You must confirm with a blood glucose (BG) meter before making therapeutic adjustments.

Patient Name: _____

Patient Signature: _____

Patient Email: _____

Trained by: _____

Date: _____

Step 1

Get to know your device

- Familiarize yourself with your SEVEN PLUS
 - Receiver (4 buttons, display)
 - Transmitter (DO NOT DISCARD)
 - Sensor Applicator/Sensor (check date to ensure Sensor has not expired)
- Review charging procedures (see back of Quick Start Guide)
- Note: You will need a blood glucose (BG) meter and BG strips when using your SEVEN PLUS



Receiver

Sensor and Applicator

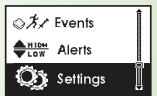


Transmitter

Step 2

Set time/date and ID

- Set time/date if necessary
- Ensure Transmitter and Receiver are talking (Y should appear in the bottom right corner of your Receiver)
- Set Transmitter ID if necessary



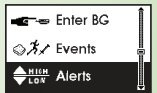
Step 3

Set high/low alerts

- Review steps to set your high and low glucose alerts
- Your SEVEN PLUS has a nonadjustable Low Glucose Alarm that is fixed at 55 mg/dL

High alert: _____

Low alert: _____



Step 4

Insert the Sensor

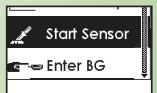
- Locate appropriate sites on your abdomen
- Review steps for inserting Sensor
- Review steps for removing Sensor Applicator
- Review steps for inserting Transmitter into Sensor Pod
- Review steps for removing Transmitter Latch



Step 5

Start Sensor session

- Make sure Y is visible in bottom right corner. Press **OK**
- Highlight **Start Sensor**. Press **OK**
- Starting screen will appear
- 2-hour start-up period has begun



Step 6

Calibrate

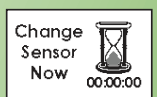
- Review steps for start-up calibration. Do not calibrate if you see Y or [??] in Status Box
- Review steps for ongoing calibration. Minimum calibration is 1 fingerstick every 12 hours, and sometimes more often if your Sensor needs it
- Review calibration tips (see back of Quick Start Guide)



Step 7

End Sensor session

- Peel off Sensor Pod/Transmitter
- Remove Transmitter from Sensor Pod
- Keep Transmitter



Seven Steps to Start

DexCom™ SEVEN® PLUS Continuous Glucose Monitoring System

RETURN THIS CHECKLIST TO DEXCOM

Please sign, date, and return this checklist to DexCom via fax (1-866-348-6030), email (fieldclinicaltraining@dexcom.com), or US mail by using the Business Reply Card. If sending by mail, please fold this document so the Business Reply Card is face up and the back of the postcard is blank. Seal the edges of the postcard with tape.

Individuals who return a signed copy of this form within 14 days of training will be eligible to participate in a monthly drawing for a free box of Sensors!

Individuals are limited to a one-time prize redemption for a box of Sensors. Health care professionals who purchase the SEVEN PLUS are not eligible to participate. Winners will be notified by email.



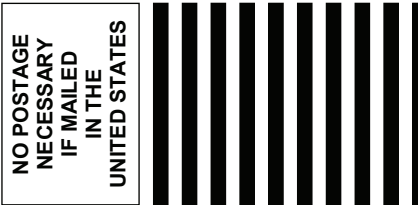
Troubleshooting and Technical Support

- Review the Troubleshooting section (see back of Quick Start Guide)
- Review Helpful Hints (see back of Quick Start Guide)
- Review FAQs (see back of Quick Start Guide)
- DexCom Technical Support is available 24/SEVEN/365: 1-888-SEVENGO (1-888-738-3646)
- During your Sensor session, do not use any products containing acetaminophen (such as Tylenol®). This will cause your Sensor to read your glucose inaccurately
- Remove your Sensor prior to undergoing magnetic resonance imaging (MRI)



DexCom, Inc. | 6340 Sequence Drive | San Diego, CA 92121
Technical Support: 1-888-SEVENGO (1-888-738-3646) | www.DexCom.com

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